

What I 'can do'

Use this to record how you feel about the lessons in *English for Life* Beginner Student's Book.



Name: _____

☹ = I'M NOT SURE ABOUT THIS LESSON 😊 = I FEEL QUITE GOOD ABOUT THIS LESSON 😄 = I FEEL VERY GOOD ABOUT THIS LESSON

| Now I can ... | | ☹ | 😊 | 😄 |
|---------------|--|--------------------------|--------------------------|--------------------------|
| Lesson | 1 ... introduce myself and give my phone number. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| | 2 ... ask about and use some everyday words. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| | 3 ... understand some classroom instructions. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| | 4 ... introduce people and spell names. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| | 5 ... name family members. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| | 6 ... talk about possession. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| | 7 ... describe my family. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| | 8 ... say hello and goodbye. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| | 9 ... name some countries. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| | 10 ... say where people are from. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| | 11 ... write simple information about myself and other people. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| | 12 ... say sorry. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| | 13 ... count to 100. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| | 14 ... ask people questions about themselves. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| | 15 ... ask for and give personal information. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| | 16 ... tell the time. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| | 17 ... name some things that people carry. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| | 18 ... ask and say where things are. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| | 19 ... ask about and understand prices. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| | 20 ... understand and answer invitations. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| | 21 ... name some food and drinks. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| | 22 ... talk about my likes and dislikes. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| | 23 ... write about food from different countries. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| | 24 ... offer and accept a drink. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| | 25 ... name some free-time activities. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| | 26 ... ask questions about what people do in their free time. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| | 27 ... interview people about their free time. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| | 28 ... offer and accept a lift. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| | 29 ... describe where I live and work. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| | 30 ... ask questions about everyday life. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| | 31 ... write about my lifestyle. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| | 32 ... talk about days and times. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| | 33 ... describe my daily routine. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| | 34 ... talk about other people's daily routine. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| | 35 ... understand a description of someone's daily life. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| | 36 ... react to problems. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| | 37 ... talk about some jobs. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| | 38 ... ask questions about other people's jobs. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| | 39 ... write about simple ambitions. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| | 40 ... show interest when talking to someone. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

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| | | ☹ | 😊 | 😄 | |
|---------------|--|--|--------------------------|--------------------------|--------------------------|
| Lesson | 41 | ... describe things with simple adjectives. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| | 42 | ... talk about possessions. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| | 43 | ... write a short email giving news. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| | 44 | ... offer and ask for a seat politely. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| | 45 | ... name some parts of the body. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| | 46 | ... ask people about their possessions. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| | 47 | ... describe some common illnesses. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| | 48 | ... ask people for things. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| | 49 | ... name some common leisure activities. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| | 50 | ... say what I can and can't do. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| | 51 | ... ask someone what they can do. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| | 52 | ... make a simple social arrangement. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| | 53 | ... name some parts of a house or flat. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| | 54 | ... describe my house or flat. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| | 55 | ... write a short email describing where I live. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| | 56 | ... ask and say where places are. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| | 57 | ... name some items of clothing. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| | 58 | ... say what is happening at the moment. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| | 59 | ... describe what people are wearing. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| | 60 | ... use expressions for saying goodbye. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| | 61 | ... name some common forms of transport. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| | 62 | ... ask what people are doing. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| | 63 | ... understand and write a postcard. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| | 64 | ... talk about future plans. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| | 65 | ... say where people are. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| | 66 | ... say where people were in the past. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| | 67 | ... ask where people were. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| | 68 | ... use expressions to show I'm angry. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| | 69 | ... call for help in an emergency. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| | 70 | ... make simple sentences about the past (1). | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| | 71 | ... understand and tell a story in the past. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 72 | ... ask about and give dates. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | |
| 73 | ... make simple sentences about the past (2) | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | |
| 74 | ... talk about what I did and didn't do in the past. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | |
| 75 | ... talk about my early life. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | |
| 76 | ... say who is right and wrong. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | |
| 77 | ... talk about weekend activities. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | |
| 78 | ... ask and answer questions about the past. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | |
| 79 | ... ask about someone's weekend. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | |
| 80 | ... use questions in the past to build a conversation. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | |